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2025

YR 11/HSC PDHPE / HEALTH AND MOVEMENT SCIENCE / CAFS

HSC Trial Exams - Year 11 Exams - Assessment Tasks (Non-Exam) - Past Examinations

QATs Examinations and Non-Exam Assessment Tasks:

- save time for teachers, are fully editable and reflect current NESA requirements and syllabus
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- are developed by panels of highly experienced, practising teachers. All assessments undergo an
 extensive review and evaluation process to ensure NESA compliance, before being published.

Release Dates:

Non-Exam Assessment Tasks

First Release: Monday 14 October, 2024 Second Release: Thursday 6 February, 2025

HSC Trial/Year 11 Examinations

Monday 23 June, 2025

Note: Embargo period operates until 29 Aug, 2025 (HSC), 26 Sept, 2025 (Year 11)

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PDHPE PERSONAL DEVELOMENT, HEALTH AND PHYSICAL EDUCATION HSC Tasks Price Code Description/Topic Order Item 2025 - Topic Test (50 minutes + 5 minutes reading time) NEW First Release Task Core 1: Health Priorities in Australia. \$32 H1 to H5 H15 2025-PDH-NSW-Y12-T1-NON-QATS 2025 - Research Task + In-Class Response (30 minutes) NEW First Release Task Core 2: Factors Affecting Performance. \$32 H7. H8. H11. H16. H17 2025-PDH-NSW-Y12-T2-NON-QATS 2025 - In-Class Response (45 minutes) NEW Second Release Task Option: Sports Medicine. \$32 3 H8. H13. H16. H17 2025-PDH-NSW-Y12-T3-NON-QATS

2025 - TRIAL EXAMINATION (3 hour paper) NEW

- Sport and physical activity in Australian society

- Health and young people

- Sports medicine - Improving performance

- Equity and health.

Core 1 and 2 Health Priorities in Australia and Factors Affecting:

SUBTOTAL A

2025-PDH-NSW-Y12-NA-EX-QATS

\$116

HEALTH AND MOVEMENT SCIENCE HEALTH AND MOVEMENT SCIENCE Year 11 Tasks 2025 - Collaborative Investigation NEW First Release Module 1: Health for Individuals and Communities. Task 5 Measuring patterns of health experienced by Australians. \$40 HM11-01, HM11-02, HM11-05, HM11-06, HM11-07, HM11-09, HM11-10 2025-HMS-NSW-Y11-T1-NON-QATS 2025 - Depth Study Research + In-Class Response (50 minutes) NEW First Release Module 2: The Body and Mind in Motion. Task \$32 Research the interplay of the energy systems and explain the role nutrition plays in effective and efficient performance. HM11-03. HM11-06. HM11-07. HM11-09. HM11-10 2025-HMS-NSW-Y11-T2-NON-QATS 2025 - YEAR 11 EXAMINATION (2 hour paper) NEW 7 NA \$79 Modules 1 and 2. 2025-HMS-NSW-Y11-NA-EX-QATS SUBTOTAL B

CAFS COMMUNITY AND FAMILY STUDIES (CAFS) HSC Tasks Price Code Description/Topic Order Item (Inc. GST) 2024 - Individual Research Project Core Module: Research Methodology. Task 8 Mandatory independent research project. Develop a project plan, project \$32 diary and final product. H4.1, H4.2 2024-CAF-NSW-Y12-T1-NON-QATS 2024 - Report Core Module: Groups in Context. Task 9 \$32 Research and report on a specific group within the community. 2024-CAF-NSW-Y12-T2-NON-QATS 2024 - In-Class Questions (60 minutes) Core Module: Parenting and Caring. Task Investigate a provided case study and a syllabus area, then complete an 10 \$32 3 in-class set of unseen questions. H1.1. H2.2. H5.2 2024-CAF-NSW-Y12-T3-NON-QATS 2024 - Presentation Option: Social Impact of Technology. Task 11 \$32 Create a presentation exploring a selected piece of technology. H3.4. H4.2 2024-CAF-NSW-Y12-T4-NON-QATS 2025 - TRIAL EXAMINATION (3 hour paper) NEW 12 \$110 Whole course. 2025-CAF-NSW-Y12-NA-EX-QATS **COMMUNITY AND FAMILY STUDIES (CAFS)** Year 11 Tasks 2024 - Hand-In Case Study Task Task Resource Management: Apply knowledge, understanding and skills in 13 \$32 relation to a case study. P1.2. P6.1 2024-CAF-NSW-Y11-T1-NON-QATS 2024 - Video Submission Presentation Individuals and Groups: Investigate a group structure and the role leadership Task П 14 plays within the group. Analyse the impact it has on group dynamics and \$32 2 relationships, and submit a video presentation. P2.1, P2.3, P4.2 2024-CAF-NSW-Y11-T2-NON-QATS 2024 - Topic Test (60 minutes) Task 15 Families and Communities: Topic Test with short answer questions. \$32 3 P2.2. P2.4. P3.1 2024-CAF-NSW-Y11-T3-NON-QATS 2025 - YEAR 11 EXAMINATION (2 hour paper) NEW 16 NA \$79 Whole course. 2025-CAF-NSW-Y11-NA-EX-QATS SUBTOTAL C



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NA