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2026

YR 11/HSC HEALTH AND MOVEMENT SCIENCE / CAFS

HSC Trial Exams - Year 11 Exams - Assessment Tasks (Non-Exam) - Past Examinations

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Release Dates for New Products:

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First Release: Monday 13 October, 2025 Second Release: Thursday 5 February, 2026

HSC Trial/Year 11 Examinations

Monday 22 June, 2026

Note: Embargo period operates until 28 Aug, 2026 (HSC), 25 Sept, 2026 (Year 11)

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HEALTH AND MOVEMENT SCIENCE								
HEALTH AND MOVEMENT SCIENCE HSC Tasks								
Item	Code	Description/Topic	Price (Inc. GST)	Order				
1	Task 1	2026 - Data Analysis + Test (50 minutes) NEW First Release Health in an Australian and Global Context: The health status of Australians. HM-12-01, HM-12-06, HM-12-08, HM-12-09, HM-12-10 2026-HMS-NSW-Y12-TI-NON-QATS	\$34					
2	Task 2	2026 - Case Study + Test (50 minutes) NEW First Release Training for Improved Performance: Injury management. HM-12-05, HM-12-06, HM-12-08, HM-12-09, HM-12-10 2026-HMS-NSW-Y12-T2-NON-QATS	\$34					
3	Task 3	2026 - Comparative Analysis + Test (50 minutes) NEW Second Release Training for Improved Performance: Training phases and sessions. HM-12-05, HM-12-06, HM-12-08, HM-12-09, HM-12-10 2026-HMS-NSW-Y12-T3-NON-QATS	\$34					
4	NA	2026 - TRIAL EXAMINATION (3 hour paper) NEW Whole course. 2026-HMS-NSW-Y12-NA-EX-QATS	\$122					
HEALTH AND MOVEMENT SCIENCE Year 11 Tasks								
5	Task 1	2025 - Collaborative Investigation Health for Individuals and Communities: Measuring patterns of health experienced by Australians. HM-11-01, HM-11-02, HM-11-05, HM-11-06, HM-11-07, HM-11-09, HM-11-10 2025-HMS-NSW-Y11-T1-NON-QATS	\$42					
6	Task 2	2025 - Depth Study Research + In-Class Response (50 minutes) The Body and Mind in Motion: Research the interplay of energy systems and explain the role of nutrition in effective and efficient performance. HM-11-03, HM-11-06, HM-11-07, HM-11-09, HM-11-10 2025-HMS-NSW-Y11-T2-NON-QATS	\$34					
7	NA	2026 - YEAR 11 EXAMINATION (2 hour paper) NEW Whole course. 2026-HMS-NSW-Y11-NA-EX-QATS	\$83					

SUBTOTAL A

	CAFS						
COMMUNITY AND FAMILY STUDIES (CAFS) HSC Tasks							
Item	Code	Description/Topic		Price ic. GST)	Order		
8	Task 1	2026 - IRP Reflection (60 minutes) NEW First Release Research Methodology: A teacher facilitated IRP is assessed via an in-class reflection. A choice of IRPs cover the three HSC options. H4.1, H4.2 2026-CAF-NSW-Y12-TI-NON-G	;	\$34			
9	Task 2	2026 - Topic Test (60 minutes) NEW First Release Groups in Context: Short answer questions on Category A and Category E groups. H2.2, H3.1, H3.3 2026-CAF-NSW-Y12-T2-NON-G	;	\$34			
10	Task 3	2026 - Presentation (5 minutes) NEW Second Release Parenting and Caring: The impact of formal support services on either; you carers, aged carers, first-time parents or working parents. H1.1, H3.2, H5.1 2026-CAF-NSW-Y12-T3-NON-Q	, i	\$34			
11	NA	2026 - TRIAL EXAMINATION (3 hour paper) NEW Whole course. 2026-CAF-NSW-Y12-NA-EX-Q)ATS	\$116			
COMMUNITY AND FAMILY STUDIES (CAFS) Year 11 Tasks							
12	Task 1	2026 - Topic Test (50 minutes) NEW First Release Resource Management: All 3 module focus points covered. P1.2, P3.2, P4.2, P5.1, P6.1 2026-CAF-NSW-Y11-TI-NON-Q		\$34			
13	Task 2	2026 - Research Task + Test NEW First Release Individuals and Groups: Conflict within groups is addressed via researchin current community conflict. P1.2, P2.1, P4.1, P4.2, P6.2 2026-CAF-NSW-YII-T2-NON-Q	Ĭ ;	\$34			
14	Task 3	2026 - Multi-Modal Presentation (8 minutes) NEW Second Release Families and Communities: The roles groups adopt within communities. P2.2, P3.1, P4.2, P6.1 2026-CAF-NSW-YII-T3-NON-Q		\$34			
15	NA	2026 - YEAR 11 EXAMINATION (2 hour paper) NEW Whole course. 2026-CAF-NSW-Y11-NA-EX-Q)ATS	\$83			
		SUBTOTAL B					



